



Monarch Intervention

What Is an Intervention?

Forget what you think you know, because Monarch interventions are tailor-made—no two are alike. An intervention is a carefully planned process in which family and friends work together to stop the destructive behaviors caused by an individual struggling with addiction and/or mental health disorders. Loved ones gather to express their care and concern while examining the harmful effects the individual’s behavior has had on the family system.

The person of concern is then given the opportunity to accept professional help at a treatment facility chosen to meet their specific needs. Because the intervention process is a highly emotional event, it should only be facilitated by licensed clinicians—not by family members alone or by non-clinically trained professionals. Don’t wait until your loved one hits “rock bottom.” Raise the bottom and begin the process of hope, healing, and health today.

What Is the Purpose of an Intervention?

The goal of an intervention is not only to bridge the gap between a person in need of help and a professional treatment program, but also to educate and promote change within the family or support system. Addiction is a family disease, which is why it is essential for all participating members to understand their role within the illness and work together to change their behavior and improve their lives.

An intervention is one of the most important parts of the recovery experience because it activates the spirit of change. Sustainable wellness requires change not only from the person of concern but from the entire family system.

Why Use Monarch for an Intervention?

There is a wide variety of professionals who host interventions, which is why consumers must do their homework when researching quality providers. There is no state regulatory authority requiring licensing or certification to operate an intervention business, nor is there oversight for providers who use unethical practices.

To protect your loved one and your family, Monarch offers only clinically trained staff with master’s-level education, decades of clinical experience, and state licensure. Monarch providers guide families through the complexity of trauma and coach them on how to break the cycle of addiction.

Monarch uses a Family Systems approach, examining the “big picture” surrounding an illness. We are not interventionists who focus solely on getting clients into treatment. This process is not about putting a band-aid on a broken bone. To stop addiction, you must heal the family first.



Treatment center consulting is only one piece of the puzzle. We believe in sustainable, long-term health for the entire family, which means the family system must be observed and healthy changes must be made to break old patterns. Families receive an intensive educational experience that examines each member's role in the life of the addicted individual. All participants are provided with the necessary education, support, empowerment, resources, and—most importantly—HOPE.

Monarch staff use a compassionate approach and understand the destructive nature of addiction. We do not offer a one-size-fits-all model, so forget what you see on TV. Our team has worked with some of the nation's top treatment providers. Monarch is trained in several different intervention models, allowing us to tailor a unique approach to any family circumstance.

Our Process Begins With a Phone Call

We will walk you through our detailed planning process:

- **Group Phone Consultation** – to determine whether the timing is appropriate for an intervention
- **Create the Intervention Team** – composed of family, friends, and other influential supporters
- **Establish an Approach** – Traditional or Invitational, depending on what is best for the family
- **Intervention Preparation** – a series of meetings to educate and create strategic plans
- **Diagnostic Clinical Assessment** – to determine appropriate treatment types and facilities
 - *(We have no contractual affiliation with any treatment centers whatsoever.)*
- **Professionally Facilitated Intervention**
- **Safe Clinical Transportation** – door-to-door transport to the treatment facility
- **Collaborative Treatment Planning** – with treatment staff
- **Ongoing Family Coaching and Support** – reinforcing what the family has learned through the intervention
- **Continuing Care Planning** – post-primary treatment, including outpatient placement
- **Recovery & Life Coaching** – to ensure a smooth transition back to a healthy, independent lifestyle

Types of Interventions Offered by Monarch

Addiction: Drugs/Alcohol, Pornography/Sex, Gaming, Gambling, Food

Mental Health: Anger/Domestic Violence, Depression, Anxiety, Fears, Phobias, Sex Trafficking

*Gender specific Interventionist available.